

Carry on down the road (Hurst Lane) turning left at the bottom onto track emerging onto Little Downham Road. Turn right and run along the main road. On reaching the main road you have 1.5 miles to go. As you approach the finish you turn right off the footpath and follow the directional signs to the entrance of the



Run clockwise around football pitch to finish in front of football stand.

SPECTATORS PLEASE PARK AT THE FOOTBALL GROUND. DO NOT PARK IN THE FIRST CAR PARK AS THIS BELONGS TO THE RUGBY CLUB



THE FINISH

Presentations at around 2.45 pm. In Football clubhouse.



CB6 2SH

Car Park, changing, showers, Bar & refreshments all at Ely Football Club.



March Athletic Club

The Hereward Relay

Sunday 23rd Nov 2014
Stage Four Welney to Ely (10.4 m)

Important Information.

A warm welcome to all teams who have entered this year's Hereward Relay.

You must wear your number on the front of your vest or shirt and it must not be obscured when you reach the finish.

The race is run over different terrain, so it is impossible to marshal every corner. Every effort has been made to ensure that indication arrows are in place where necessary, with marshals at all crucial junctions.

All runners and supporters are asked to take care.

Cross all roads with care and give way to traffic where necessary. Take notice of instructions from marshals and police.

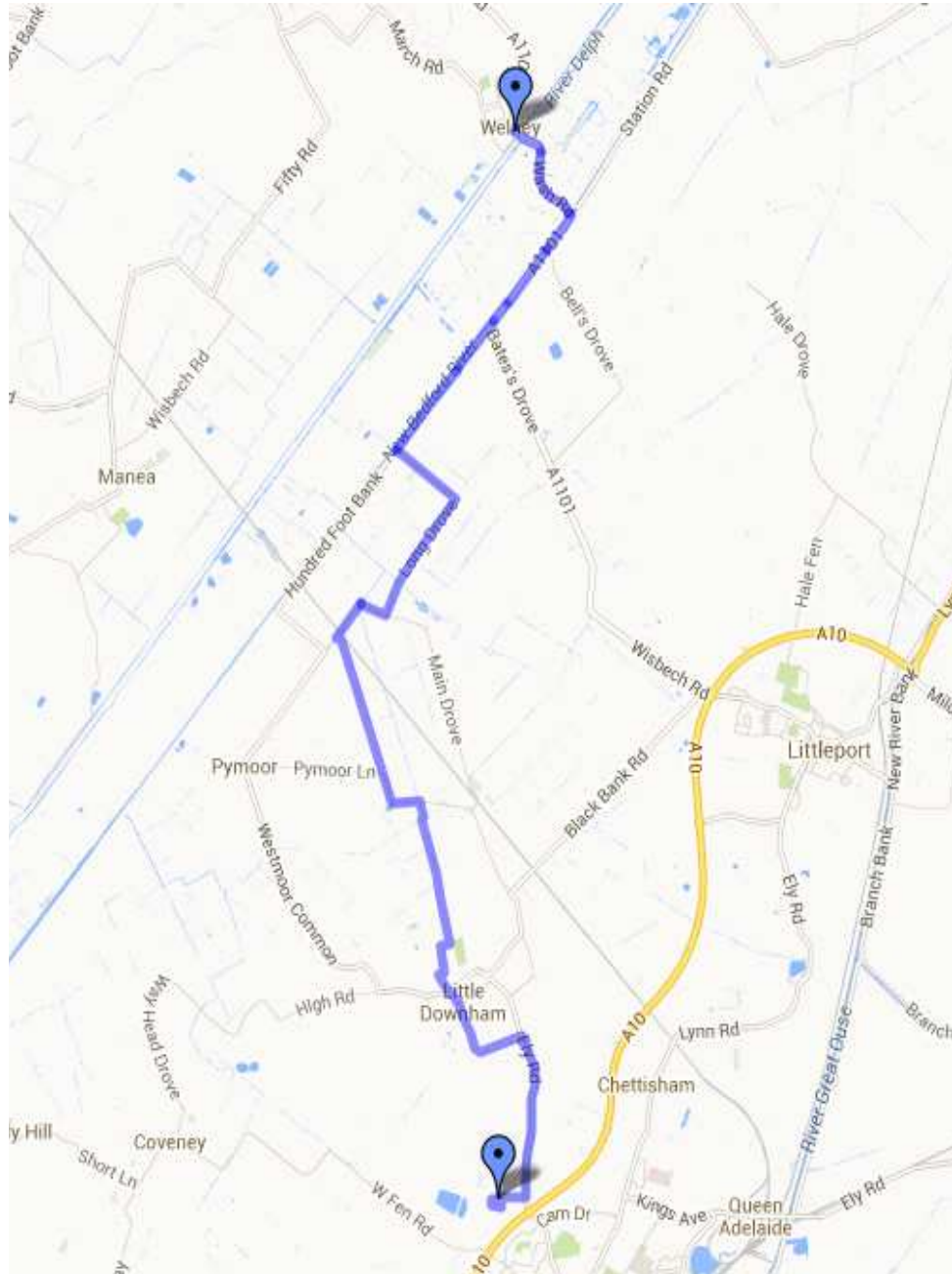
The stage starts outside the Welney Village Hall Post Code PE14 9RB. Any Stage 4 runners still at the start at 1:30pm will leave Welney together and team times will be adjusted.



Stage organiser



Tel 01533 817830
www.mkmbss.co.uk



Leave Welney heading East following the road through the Wash. At the bridge turn right and proceed along the main road for one mile until the main road turns to the left. Go **straight on** for a further mile.

When you reach a number of farm houses, turn left down narrow concrete road away from the riverbank. Continue on concrete farm road for 0.57 miles until it turns right. Follow the farm track for a further mile until you reach a road junction.

Then turn right.

Follow the road under the railway bridge. Immediately after you go under the railway bridge turn left onto the farm track. Follow this track for 1 mile until you reach the road.

On joining the road continue to run straight on. Follow the road as it bends left until you see a small bridge. Turn right onto the edge of the field **BEFORE** the bridge.



Follow the track over a small footbridge and continue towards Little Downham. You should have the Equestrian Centre and a small ditch on your left hand side as you make your way to Little Downham in the distance.

Follow the directional signs until you reach Eagles Lane. Run along Eagles Lane until you reach the off-set crossroads. Cross the road into Chapel Lane **WITH CARE** and run down the road opposite keeping the Chapel building to your left.

Carry on down this road to the T-junction and cross the road again with **CARE**.