

<b>2005</b>	<b>Darren Moat</b>	<b>3.14</b>
	<b>Debra Wait</b>	<b>3.23</b>
	<b>Paul Hensby</b>	<b>3.33</b>
	<b>Matthew Hensby</b>	<b>3.33</b>
	<b>Johnathan Rose</b>	<b>3.44</b>
	<b>Emily Beedham</b>	<b>3.59</b>
	<b>Pat Brown</b>	<b>4.38</b>
	<b>Louise Mann</b>	<b>5.07</b>
	<b>Sue Beedham</b>	<b>5.51</b>
<b>2006</b>	<b>Debra Wait</b>	<b>3. 07</b>
	<b>Darren Moat</b>	<b>3. 24</b>
	<b>Clyde Stratton</b>	<b>3. 29</b>
	<b>Nick Mann</b>	<b>3. 33</b>
	<b>Clive Dodd</b>	<b>3. 59</b>
	<b>Peter Thorington</b>	<b>4. 30</b>
	<b>Katie Thorington</b>	<b>4. 30</b>
	<b>Karen Patterson</b>	<b>4. 40</b>
	<b>Gail Wood</b>	<b>4. 49</b>
	<b>Alison Hearn</b>	<b>4. 49</b>
	<b>Paul Conway</b>	<b>5. 02</b>
	<b>John Bryant</b>	<b>5. 40</b>
	<b>Peter Jackman</b>	<b>6. 41</b>
<b>Angela Amps</b>	<b>8. 08</b>	
<b>2007</b>	<b>Paul Hensby</b>	<b>3.00</b>
	<b>Debra Wait</b>	<b>3.14</b>
	<b>Stephen Cornell</b>	<b>3.24</b>
	<b>Darren Moat</b>	<b>3.25</b>
	<b>Jerry Irving</b>	<b>3.43</b>
	<b>Sue Irving</b>	<b>3.43</b>
	<b>Karen Patterson</b>	<b>3.57</b>
	<b>David Brammer</b>	<b>4.01</b>
	<b>Caryl Richards</b>	<b>4.14</b>
	<b>Johnathan Rose</b>	<b>4.30</b>
	<b>Emma Kightly</b>	<b>4.48</b>
	<b>Natalie Doran</b>	<b>4.57</b>
	<b>Pat Norris</b>	<b>5.42</b>
<b>Michelle Poulter</b>	<b>5.42</b>	
<b>2008</b>	<b>Martin King</b>	<b>3.44</b>
	<b>Tim Boyd</b>	<b>3.57</b>
	<b>Ed Palmer</b>	<b>4.26</b>
	<b>Jim Atkin</b>	<b>4.33</b>
	<b>Wyn Roberts</b>	<b>4.46</b>
	<b>Elinor Richards</b>	<b>5.26</b>

	<b>John Bryant</b>	<b>5.50</b>
	<b>Paula Long</b>	<b>6.00</b>
<b>2009</b>	<b>Paul Hensby</b>	<b>2.52</b>
	<b>Andrew Goakes</b>	<b>3.30</b>
	<b>Mark Salmons</b>	<b>3.49</b>
	<b>Tim Boyd</b>	<b>3.51</b>
	<b>Bill Brooks</b>	<b>4.07</b>
	<b>Debra Ridgway</b>	<b>4.23</b>
	<b>Caryl Richards</b>	<b>4.29</b>
	<b>Steve Cook</b>	<b>5.02</b>
	<b>Pat Norris</b>	<b>5.06</b>
	<b>Wyn Roberts</b>	<b>5.10</b>
	<b>Viv MacRae</b>	<b>5.11</b>
	<b>Pat Brown</b>	<b>5.18</b>
<b>2010</b>	<b>Nick Mann</b>	<b>3.14</b>
	<b>Frances Cooke</b>	<b>3.25</b>
	<b>Karen Patterson</b>	<b>3.48</b>
	<b>Peter West</b>	<b>3.56</b>
	<b>Laura Garlick</b>	<b>4.41</b>
	<b>Twanette Lourens</b>	<b>4.42</b>
	<b>Liz MacGregor</b>	<b>4.59</b>
	<b>Louise MacGregor</b>	<b>4.59</b>
	<b>Stephen Cowell</b>	<b>5.14</b>
	<b>2011</b>	
	<b>Paul Hensby</b>	<b>3.01</b>
	<b>Andrew Larham</b>	<b>3.05</b>
	<b>Karen Patterson</b>	<b>3.27</b>
	<b>Frances Cooke</b>	<b>3.36</b>
	<b>Mark Salmons</b>	<b>3.43</b>
	<b>Darren Moat</b>	<b>3.46</b>
	<b>Jason Perring</b>	<b>4.06</b>
	<b>Rhian Old</b>	<b>5.17</b>
	<b>Elinor Richards</b>	<b>5.17</b>
	<b>Shaun Donkin</b>	<b>5.28</b>
	<b>2012</b>	
	<b>Karen Patterson</b>	<b>3.34</b>
	<b>Frances Cooke</b>	<b>3.36</b>
	<b>Andrew Goakes</b>	<b>3.47</b>
	<b>Geraldine Emmins</b>	<b>3.48</b>
	<b>Stephen Cowell</b>	<b>5.04</b>

**Patrick Brown** 5.32

**2013**

**Debra Wait** 3. 08

**Peter West** 3. 19

**Michael Stacey** 3. 20

**Geraldine Emmins** 3. 39

**Frances Cooke** 3. 48

**Lee Carey** 4. 03

**2014**

**Jason Perring** 3. 05

**Michael Stacey** 3. 08

**Debra Wait** 3. 13

**Karen Patterson** 3. 26

**Mark Salmons** 3. 32

**Dave Tuffnail** 4. 14

**Brian Hardin** 4. 17

**Frances Cooke** 4. 19

**Simon Render** 4. 25

**Lisa Donkin** 4. 43

