

Hereward 4 stage relay 2015

Sunday 22 November 2015. 9:00 am

Provisional Leg Result for Stage 4

Sunday 22 November 2015 9:00 am - 10.40 Miles.

<i>Place</i>	<i>Name</i>	<i>Team</i>	<i>Time</i>	<i>Stage Place</i>	<i>Category</i>	<i>Race No</i>	<i>Notes</i>
1	VICKERY, Tom	Covent Garden Dream Team CTC	0:58:56	7 +4	SM	4026	
2	ESCALANTE-PHILLIPS, Jonathan	Cambridge & Coleridge 1	0:59:34	1 +1	SM	4061	
3	MEAD, Simon	Ramsey Road Runners Mixed	1:00:12	86 +17	M40	4039	
4	SIMMONDS, Robert	Ryston Runners A	1:02:13	2 -1	SM	4067	
5	DRANE, Kieron	Ely Boys 1	1:02:21	15 +4	SM	4106	
6	WALTON, Shaun	Ramsey Road Runners 1	1:02:27	8 +1	SM	4034	
7	FISHER, James	Bushy Dream	1:02:41	4 +3	SM	4109	
8	MARGOT, Simon	Hunts AC Men A	1:04:05	10	SM	4049	
9	MORRIS, Jim	Stamford Striders - Mens A	1:04:23	3 +1	M50	4011	
10	MORLEY, Mike	Yaxley Men's A	1:04:41	9 -1	SM	4101	
11	KENNEDY, Graeme	Traffic Light Harriers	1:04:50	5	SM	4045	
12	PALMER, Nick	Stowmarket Striders A	1:04:55	14 +2	M40	4103	
13	ROBSON, Odette	St Edmund Pacers - Eagles - Ladies	1:05:30	32 +23	F40	4002	
14	PONCIA, Nick	Stamford Striders - Mens B	1:05:57	13	SM	4012	
15	THOMPSON, Phil	Ryston Runners B	1:06:04	12	M40	4068	
16	UFF, John	Cambridge & Coleridge 4	1:06:27	22 +2	SM	4064	
17	KINGSNORTH, Tom	St Edmund Pacers - Harriers	1:07:03	6 -3	SM	4005	
18	SHIELDS, Andrew	Cambridge & Coleridge 3	1:07:10	21 +1	M50	4063	
19	CONNOLLY, Sean	Fenland - Run Another Day	1:07:48	17	M45	4075	
20	BEARD, Sean	Nene Valley Men	1:07:56	11 -5	M50	4114	
21	HAMMOND, Richard	Fenland - Thunderball	1:08:20	18	M40	4076	
22	WARD, Peter	Thorney Fast Boys	1:08:36	34 +15	M50	4094	
23	SKINNER, Maggie	Stamford Striders - Ladies A	1:09:10	23	F35	4013	
24	MARRIOTT, Lisa	Ramsey Road Runners Ladies 1	1:09:17	38 +19	F35	4038	
25	HONEYBONE, Will	Ryston Runners C	1:09:43	20	M40	4069	
26	STACEY, Michael	March - The Map Readers	1:09:54	45 +20	M50	4088	
27	PLANT, Johnathan	Stamford Striders - PASS	1:09:57	60 +26	SM	4022	
28	SKIDMORE, Richard	Stamford Striders - WAGS	1:10:02	50 +22	SM	4015	
29	HOLMES, Stuart	The Fly in the Ointment CTC	1:10:44	27 +12	M50	4030	
30	SMITH, Darren	Ryston Runners D	1:11:13	44 +15	SM	4070	
31	SALTER, Michael	March - Billy are we lost yet?	1:11:24	24 +2	M45	4092	
32	MILLWARD, David	Covent Garden Demolition Squad CTC	1:12:28	16 -2	SM	4027	
33	KIDMAN, Ian	King's Lynn Tri Charlie	1:12:40	87 +10	M45	4044	
34	REID, Roy	These Girls Can and so can Roy	1:13:20	101 +5	M45	4085	
35	ENTICKNAP, Andrew	Hunts AC Mens B	1:13:47	19 -4	M45	4050	
36	ALDERSON, Mark	Stamford Striders - GEMS	1:14:25	35 +7	M40	4021	
37	GRIMLEY, Bruce	Hunts AC Mixed	1:14:34	58 +17	M60	4051	
38	DOLBY, Luke	Wi Tri A	1:14:41	26 -1	SM	4033	
39	BERTRAND, Nicolas	Stamford Striders - BASH	1:14:51	76 +12	SM	4020	
40	MURDOCH, Melanie	Fenland - For FRC Eyes Only Ladies	1:14:59	41 +9	F35	4077	
41	HOWARD, Alex	BRJ Run & Tri A	1:16:04	81 +12	M45	4023	
42	LOUTH, Mark	Thorney Party Boys	1:16:30	65 +17	M50	4093	
43	OVERINGTON, Sarah	Eyes Left	1:16:41	72 +12	SF	4086	
44	ROBINS, Leslie	Ryston Runners F - Ladies	1:16:47	36 +2	F40	4072	
45	TORLESSE, Jon	Jon Bar One	1:16:57	57 +13	M50	4046	
46	LOUTIT, Roslyn	Good Girls Gone Bad Yaxley Ladies	1:17:01	48 +4	F50	4060	

Next race Spud Run July 2016

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47	BRAUNSCHWEILER, Norbert	The Monkey and the Wrench CTC	1:17:21	28	+5	M45	4029
48	THOMPSON, Andrew	Ely Boys 2	1:17:24	49	+2	M55	4107
49	CAMERON, Karen	Hunts AC Ladies	1:17:49	67	+11	F50	4048
50	WILKINSON, Sophie	Nene Valley Ladies	1:18:01	31	+1	F40	4113
51	FARROW, Gavin	Yaxley Runners McCarthy	1:18:06	68	+11	SM	4056
52	KIRBY, Lee	The Storts	1:18:33	91	+5	M40	4054
53	HANKINSON, Michael	St Edmund Pacers - Hawks	1:18:36	63	+10	M55	4006
54	BEDINGFIELD, Carrie	Cambridge & Coleridge 2	1:19:31	33	-3	F35	4062
55	VAN BEUSEKOM, Ashley	Contravened G CTC - Ladies	1:19:38	25	-4	SF	4031
56	HUNTER, Bruce	Dr Zhivago's MMM	1:19:44	59	+9	M40	4112
57	PARKER, Julie	Stamford Striders - Slip n Sliders	1:20:17	37	-2	F50	4014
58	LANE, David	Ryston Runners H	1:20:49	83	+7	M50	4074
59	SMITH, Nicholas	Stamford Striders - Adam and his Ants	1:21:02	51	-4	M45	4017
60	SCHOFIELD, Nigel	St Edmund Pacers - Falcons	1:21:29	52	-6	M50	4001
61	BARNES, Kevin	March - In Time	1:21:36	56		M40	4089
62	WATSON, Neil	West Norfolk AC Hammer	1:21:39	29		M40	4024
63	STEPHENSON, Jo	Stowmarket Striders B	1:21:52	54		F50	4104
64	HAILEY, Mike	King's Lynn Tri Tango	1:22:07	46	-6	SM	4043
65	STOKES, Gavin	Ramsey Road Runners 2	1:22:29	30	-2	M50	4035
66	SMITH, Glyn	Cambridge & Coleridge 5	1:22:48	39	-5	M65	4065
67	RITTIMUT-MAK, Melissa	St Edmund Pacers - Condors	1:23:00	47	-6	F40	4007
68	NAVRADY, Jeremy	Ryston Runners E	1:23:10	66		M45	4071
69	BELDOM, Phil	March - Smiler's People	1:23:29	105	+2	M40	4087
70	LYLE, Richard	Cambridge & Coleridge 6	1:23:37	98	+4	M45	4066
71	BONE, Matthew	Yaxley Runners Longman	1:24:00	53	-10	SM	4057
72	GOODERHAM, Ian	St Edmund Pacers - Kestrals	1:24:18	42	-6	M45	4004
73	BIRD, Peter	St Edmund Pacers - Buzzards	1:24:28	71	-2	M40	4003
74	CONWAY, Laura	Lee and the Ladies	1:24:39	70	-7	SF	4047
75	COATES, Tim	West Norfolk AC Sprint	1:25:23	69	-9	M45	4025
76	LOVELYS, Kathryn	Flying Fillies CTC Ladies	1:25:49	61	-8	SF	4032
77	SHORT, Leah	Eyes Forward	1:26:00	89	+2	SF	4098
78	NORMAN, Julia	Ryston Runners G - Ladies	1:26:06	78	-4	F40	4073
79	GILBERT, Jay	Fenland - Octopussies Ladies	1:26:33	77	-6	F35	4078
80	REID, Emma	Bishop's Stortford SAS	1:26:52	90	-1	SF	4055
81	MOON, Suzanne	Stamford Striders - The Mustgetbeers	1:27:00	55	-10	F35	4018
82	BALL, Robin	Stamford Striders - Better late than never	1:27:04	43	-12	M60	4019
83	LAWSON, Stephen	Ramsey Road Runners Light Blues	1:27:25	92		M50	4036
84	BALL, Shirley	Bishop's Belles Ladies	1:27:37	99	+2	F60	4052
85	LUCK, Keith	The Snails - Comets RRC	1:29:10	107	-2	M55	4040
86	BURNSNOLL, Dan	Thorney Mixtures B	1:29:12	88	-1	M40	4096
87	McCLYMONT, Ian	Bishop's Stortford Super Sixties	1:29:21	82	-6	M70	4053
88	COLLINS-SHIRLEY, Samantha	Ely Mixed	1:29:21	75	-14	F40	4108
89	CONSTABLE, James	Eyes Right	1:29:26	73	-15	SM	4099
90	GILBERT, Michelle	Fenland - Licence to Thrill	1:29:31	84	-3	F35	4079
91	TOTTERDALE, Anna	Angels with Attitude - Yaxley	1:29:38	97	-2	SF	4059
92	CAMPBELL, Jani	King's Lynn Tri Lima	1:30:32	40	-13	F35	4042
93	FULLMAN, Linda	Ely Female Fenites	1:31:31	79	-17	F35	4105
94	RICHMOND, Dave	Eyes Forth	1:32:07	80	-16	M55	4100
95	BULLEN, Nigel	Norfolk Gazelles - Cuviers	1:32:11	62	-18	M60	4008
96	GREENWOOD, Jane	Fenland - Blofeld Cats	1:34:21	74	-26	F60	4080
97	FOLLEN, Larissa	Fenland - Bailey's - Shaken not Stirred	1:35:08	94	-9	F40	4083
98	RILEY, Kay	Thorney Mixtures A	1:35:22	93	-10	F35	4095
99	BUCK, Janine	Stamford Striders - Scrambled Legs	1:35:46	64	-27	F45	4016
100	GRIFFIN, Denise	Fenland - From Fenland with Love	1:35:54	85	-18	F50	4082

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101	ORR, Jenny	Bushy Slumber	1:35:57	100	-2	F50	4111
102	COX, Emma	King's Lynn Tri Kilos Ladies	1:37:02	102	-2	SF	4041
103	DAVYS, Sue	Bushy Nightmares	1:37:16	106	-2	F55	4110
104	CAREY, Emma	March - You're 'aving a laugh	1:38:15	108		SF	4090
105	ELLIS, Amy	March - Ladies who lunch	1:38:29	109		F35	4091
106	BALLANTYNE, Louise	Yaxley Ladies	1:38:42	110		SF	4058
107	GARNER, Julie	Fenland - Man with the Golden Trainers	1:39:25	95	-15	F50	4084
108	GREENWOOD, Laura	Thorney Mixtures C	1:41:30	96	-19	F45	4097
109	FARR, Tracy	Fenland - No Ex-Spectre-ations	1:41:36	103	-4	F40	4081
110	LACK, Tony	Ramsey Road Runners 4	1:52:37	104	-10	M75	4037

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